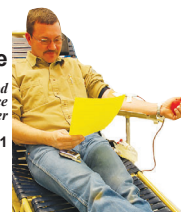




Observing history
Performer returns to post as Harriet Tubman
 Page 11

Fort Riley Post

Giving life
Donors give blood at Riley's Conference Center
 Page 11



Thursday, February 22, 2007

Home of the Big Red One

Vol. 50, No. 8

Post, Army news briefly

Sewing point to relocate

The sewing point, located in the basement of Building 208, will soon relocate to Building 7846 to help better serve in-processing Soldiers. This move will take place around the first of March.

Tax Center offers services

The Fort Riley Tax Center will once again offer free income tax preparation to Soldiers, their family members, and retirees.

The Tax Center will help prepare and e-file federal tax returns and will also assist in preparing state returns. Persons wishing to file should bring proof of identification including social security cards for all family members along with any tax forms and a copy of last year's return.

The Fort Riley Tax Center is located in building 7434B, directly across from the bowling alley on Custer Hill. Hours of operation are 9 a.m. to 6 p.m. Monday through Friday and 9 a.m. to 1 p.m. on Saturday.

Call 239-1040 for more information or an appointment.

MOAA offers scholarships

The Military Officer Association of America will award 25 \$1,000 scholarships for the 2007-2008 school year.

Applicants must be dependent children of an active duty member or a drilling Reserve or National Guard member, officer or enlisted, of the Army, Navy, Marine Corps, Air Force, Coast Guard, U.S. Public Health Service or National Oceanic and Atmospheric Administration.

Applicants must be planning to attend an accredited college or university as a full-time student in the fall of 2007.

Applications can be filled out online at www.moaa.org. The deadline for applications is noon EST March 1.

Stay 'In Step' with Fort Riley

See what's happening on Fort Riley. Tune in to Fort Riley cable channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m. or watch "In Step with Fort Riley" at 5 a.m. every Saturday and at 11 a.m. most Saturdays on WIBW TV, Channel 13.

Stories planned for this week's show, which runs on WIBW TV Feb. 24 and on the post's cable channel 2 Feb. 26-March 4, are:

- Husband to wife change of command
- Belser memorial
- BOSS Sing-a-grams
- Fort Riley celebrates African-American History Month
- Gale McCabe interviews Maj. Gen. Carter Ham
- DISCOM reflags as 1st Sustainment Brigade

On air



1st Sust. Bde./Merritt

Spreading the word

Cathy Dawes, a personality for a local radio station, interviews Lt. Col. Brian Tempest and Command Sgt. Maj. Frank Cardoza (not pictured), senior leaders for the Division Support Command, Feb. 8 about the unit's upcoming deployment and transformation into the 1st Sustainment Brigade, DISCOM reflagged as the 1st Sust. Bde. Feb. 15.

Afghan leaders visit Camp Funston

By Master Sgt. Jack Lee
 1st Bde. PAO

Soldiers at Fort Riley's Camp Funston saw stars recently - not the kind in the sky, but those worn on the uniforms of two Afghan generals visiting post. Afghan Maj. Gen. Abdul Khaliq, 203rd Corps commanding general and Maj. Gen. Mohammed Zahir Aghbar, Afghan police chief joined Maj. Gen. Robert E. Durbin, commanding general, Combined Forces Command - Afghanistan and Maj. Gen. Carter Ham, commanding general, 1st Infantry Division and Fort Riley to visit Afghan transition team training at Camp Funston.

The purpose of the visit was to observe the training and provide early command guidance to the Soldiers who will be embedded with the Afghan National Army and Afghan National Police.

See Leaders, Page 7



From left, Maj. Gen. Robert E. Durbin, commanding general, Combined Forces Command - Afghanistan; Maj. Gen. Mohammed Zahir Aghbar, police chief; Maj. Gen. Abdul Khaliq, police chief and translator Barialai Ahmadzai
 1st Bde./Lee

Transition team Soldier remembered at service

By Pfc. Francisca Vega
 1st Inf. Div. PAO

A memorial service for a transition team Soldier was held Feb. 15 at Morris Hill Chapel.

Capt. Donnie R. Belser Jr., 28, died from sniper fire while on patrol during combat operations near Baqudan, Iraq Feb. 10.

"Capt. Belser was a professional Soldier. Officers such as Capt. Belser, who wear our nation's uniform so proudly, have become our very credentials around the world," representing Americans everywhere they deploy," said Maj. Christopher Dexter, deputy support officer with the 1st Sustainment Brigade, during the eulogy. "Donnie was always quick with a broad smile, a heartwarming laugh and a perpetual optimism that was infectious," he continued.

See Memorial, Page 6



1st Inf. Div./Vega

Ham attributes success to role model, news article

By Annie Gammell
 U.S. Army Cadet Command

Sometimes it's the little things that make the most difference in a person's life. Take, for instance, Maj. Gen. Carter F. Ham, commanding general of the 1st Infantry Division and Fort Riley. Had he not read a short 1973 article in *Soldiers' Magazine* as a young enlisted Soldier, he would probably not be where he is today.

The article that changed his life described a new college scholarship program—the 2-year Army ROTC scholarship for active duty enlisted Soldiers—which was the precursor to today's Army ROTC Green to Gold scholarship program. It said the Army was looking for enlisted Soldiers with two years of college credits to apply for the new scholarships. The first 50 Soldiers selected would begin classes in the fall of 1974 and become second lieutenants. Ham

applied; then sort of forgot about it and went about his duties as a first-term Soldier at Fort Bragg, N.C. He was enjoying a measure of success under the tutelage of his command sergeant major. First selected as his battalion's Soldier of the Month and later the division's Trooper of the Month, Ham was working hard to prepare for an upcoming promotion board to attain the coveted rank of sergeant.

Finding focus

After completing high school in Ohio, Ham attended college for a few years. He freely admits lacking focus. "I really didn't know what I wanted to do with life, so the Army seemed like a good choice," said Ham. "I enlisted in 1973 and went to the 82nd Airborne Division and found something. Even going through basic training, I found that I really

liked the physical challenge; I liked the idea of serving with folks who were committed to something other than making money."

In the 82nd Airborne Division, Ham discovered again that he enjoyed the physical part of soldiering. "I liked jumping out of airplanes and hanging around with other guys who liked to jump out of airplanes. For the first time,

See Green to Gold, Page 3





DUI

continued from page 1

lies," Elbert said. I think that's what (Brock's parents) wanted. I think that's why they were here."

The government presented evidence showing the impact of the crime.

When the victim is deceased, it's going to be the family members who are impacted the most, Bovarnick said.

"Driving under the influence has devastating effects on Soldiers, family members, and our organizations at Fort Riley," said Master Sgt. Billy Counts, 97th Military Police Battalion rear detachment sergeant major.

During the trial, Brock's parents testified.

"He was a great person," said Rhonda Brock about her son. "His death won't just affect me but the whole family; we have a really big family."

"He lit up the room when he walked into it," she continued. "He was a big fisherman and hunter, and he won't be able to do that any more."

After Brock's parents testified for the prosecution, it was the defense's turn.

They defense presented what is called extenuation and mitigation evidence.

The defense attorneys called a number of witnesses, who had served with him in Iraq and some who knew him since his return from Iraq in early 2006.

Other than Hartley's driving record, he had no other misconduct, Elbert said.

Hartley did not have a driver's license; it was taken away after a having several speeding tickets and a history of reckless driving, Elbert said.

"There are tremendous costs associated with a DUI conviction, including negative impacts on your career, loss of driving privileges and money, lifelong legal problems, and jail time," Counts said.

Any Soldier receiving a DUI on or off post will automatically receive a General Officer Memorandum of Reprimand, said Bovarnick. This is a post- and Army-wide policy.

"The chain of command makes a recommendation if the GOMAR gets filed in your local file or in your (online military personal file)," Bovarnick said. "If it's filed in your OMPF, for senior NCOs and officers, it has a pretty good chance at being a career ender. At a minimum, you are not going to get promoted. It is something that is taken pretty seriously."

During the closing, the prosecution argued that Hartley deserved a higher sentence because he left a fallen comrade, a violation of the Warrior Ethos.

"This is a federal conviction, and he will have that on his record for the rest of his life," Bovarnick said. "The federal conviction comes as soon as he is found guilty. This is not a punishment, it is a consequence."

After the sentence was read and finalized, military police officers cuffed Hartley and escorted him to the Geary County Jail where he will wait for final transportation to the place where he will serve out his four years of confinement, Bovarnick said.

"It's a sad thing. They were both 22 years old," Elbert said. "Sgt. Brock is dead, and Spe. Hartley has to live with this for the rest of his life."

"It could have all been easily avoided," Elbert said. "They are given the tools on how to do that; they just didn't use them."

It is Fort Riley's policy for all Soldiers to receive a risk assessment, a privately owned vehicle inspection and a safety briefing before taking a pass on a holiday weekend.

Hartley and Brock were no different; they received two different safety briefings, Bovarnick said.

By Alison Kohler

Community Relations

Inside some privately owned vehicles there might be trash, and empty drink containers littering the floor, but government personnel aren't allowed to treat government-owned vehicles like their own.

"It's government property; you've got to take care of it," said Bruce Klaverweiden, garrison fleet manager in the Directorate of Logistics.

The most common infractions, according to Shauna Hall, Transportation Motor Pool supervisor, are with misuse of the vehicles.

"There's a lot of misuse," Hall said. "That's the biggest thing - people using it for their own personal errands; misusing the fuel point down here. I think it's not being controlled at the unit level, maybe, monitored as well as it should be. I think that's what gets the Soldiers in trouble sometimes."

Using the fuel point located at Building 388 at the intersection of Dickman and Carr strictly for government vehicles, and not fueling a government vehicle at a Shoppette when on post, is one of the rules for GOVs.

"If you're on post, you should be using the fuel point down there," Klaverweiden said.

Another form of misuse is taking GOVs to unauthorized locations. According to Klaverweiden, they are only to be used for official business and the Post Exchange, Commissary and Shoppettes are not authorized.

"We see them a lot of times leaving the installation and eating downtown," Hall said.

"A lot of times if you have to question if it's official business or not, it's not," Klaverweiden said. The penalty for misusing government vehicles can be harsh.

According to Army Regulation 58-1, if a civilian misuses or authorizes misuse of the vehicle, the penalty can be at least one month's suspension without pay or removal from the position. If military personnel misuse or authorize misuse of the vehicle, he or she will be disciplined under the Uniformed Code of Military Justice.

Safety is job one

With the potential for inclement weather in winter, Klaverweiden said there is a policy that if the road conditions are amber or red, the driver must have written permission from a major or GS-12 to operate the vehicle.

Drivers also are required to obey all traffic laws while driving, including always wearing a seat belt and not talking on a cell phone without a hands-free device.

"You can get a \$75 ticket for that, I know of people who have gotten that," Klaverweiden said.

If a driver is cited by military police on post, the driver must pay it, but it is also forwarded to his or her commander.

Klaverweiden said they also get reports about unsafe driving off post.

"People see 'U.S. Government

Official Business' and you would not believe the phone calls I get... 'Hey I just saw this vehicle flying by me at 70 to 80 miles an hour.' We track them down. I have had calls from Oklahoma saying 'this car passed me at 100 miles per hour,' and they can track the tag number down real easy," Klaverweiden said.

Hall said they usually notify the chain of command when they have a complaint and allow them to decide how they want to handle it.

Proper care keeps GOVs running smoothly

In order for units and activities to keep a government vehicle on a permanent basis, they are required to drive it 800 miles per month or 10,000 miles per year to justify use of the vehicle. Also, they must redispach the vehicle on a monthly basis.

"The vehicle has to be cleaned inside and out and the driver has to have all documentation with him," Hall said.

The vehicle must be dispatched on or before the due date of each month or the monthly privilege can be rescinded.

"We always call the unit or activity. Usually, if (they're) late one month, we give them a heads up, 'Hey, if you're late again, we'll put you on a weekly dispatch.' And of course, if they're late on a weekly, then we'll put them on a daily. If they're late again, it could result in them losing the vehicle," Hall said. "It's just because we are required to

provide reports, and when we can't get the vehicles in, that keeps us from doing our jobs."

"We had some vehicles that had been overdue dispatch since the 20th of December, so I went and (repossessed) them," Klaverweiden said.

"The DOL has given us the authorization to do that as well. It's in a policy letter," Hall said.

For civilians to dispatch and operate a government vehicle, they must have completed the online accident avoidance course, possess a civilian driver's license and a military driver's license.

For Soldiers, the requirement is to have a military driver's license and have completed accident

avoidance training.

It is required that the unit or activity that dispatched the vehicle takes good care of it.

"You can eat or drink, but there is not supposed to be any tobacco products used (in the vehicles)," Klaverweiden said.

"When they dispatch a vehicle, if we smell it or if there's damage caused by the use of tobacco, the (individual) can be held liable for the cost of the damage to get it detailed to get the smell out, or if we have to have burns repaired," Hall said.

Klaverweiden said it is the same procedure for other damage

See GOVs, Page 8

KPA
2 x 24p
Black Only
garbling helpline

VALASSIS-AFC
5 x 78p
Black Only
741583 sprint thank you



Green to Gold

continued from page 1

I started to feel this was the right thing for me to do. I rose to the exalted position of being the battalion command sergeant major's driver. That great Command Sgt. Maj. Bobby V. Teague is the reason I am where I am today," Ham offered.

Ham said Teague coached him through several boards, and he always did well. "I found I wanted to be like him," Ham said of his mentor. "He was a great role model."

While at physical training one morning, Ham was told the first sergeant wanted to see him. Initially concerned he had done something wrong, he was relieved to learn he had been selected to receive an ROTC scholarship. That was quite a surprise, because he had submitted his application months before, even though he expected his grades were probably not good enough for selection.

Opportunity knocks

Ready to turn down the scholarship, Ham was hoping to become a sergeant and continue to serve. Teague had other ideas and took Ham into his office. "Listen, you've got to recognize what the Army is offering you," he said. "They're offering you a chance to go back to school to complete your college degree at their expense. That's a big deal. And they're offering you an opportunity to be an officer in the United States Army. That's a big deal. You get leadership opportunities much more quickly," the sergeant major told Ham.

"I remember specifically him telling me it took 18 years for him to become a first sergeant and get his own company," the general mused, adding, "yet if you're an officer, you'll get your first company within five years and get responsibility much more quickly." Being a "good airborne Soldier," Ham accepted the scholarship, and he says, "it worked out wonderfully."

With almost two years remaining on his enlistment contract, he had not planned to go back to college. Now armed with a full scholarship, Ham applied to John Carroll University, near family in the Cleveland, Ohio, area. The university accepted him, he was discharged from active duty and contracted into ROTC, and the rest is history.

If he had not received the scholarship, Ham surmises, "I surely would not be the commanding general of the 1st Infantry Division." He also points out that he would not have met his wife either, since they met at John Carroll. He says he would have missed the opportunities to serve in so many different places and with so many great Soldiers. "My life would have taken a very different path," he declared. With a chuckle, he concluded, "I probably would have gone before the E-5 board and flunked."

Going gold

The deadline for Green to Gold application packets is April 1. For more information on the program, visit www.goarmy.com/rotc/enlisted_soldiers.jsp or www.armyrotc.com.

For information on the Green to Gold program at Kansas State University, visit <http://armyrotc.ksu.edu/> or contact Maj. James Porter (785) 532-5173 or jporter@ksu.edu.



Left: Maj. Gen. Carter Ham, commanding general, 1st Inf. Div. and Fort Riley, receives his commission as a second lieutenant in 1976 after completing the Army's Green to Gold program. Right: Ham speaks at the Pentagon in 2005.

Sharing experience

At John Carroll, Ham found a small but active ROTC contingent that had not had a cadet with active-Army enlisted experience in a long time. He was quickly able to share his experiences with his fellow cadets. He had to adjust to a new atmosphere and had many interesting discussions with his college friends about Army life, what it was like to interact with noncommissioned officers, and what was expected of junior officers.

Ham was struck by the importance of the cadre instructors. These officers and noncommissioned officers provided the only interaction most ROTC cadets would have with actual Army personnel prior to commissioning. In a program designed to be run by cadets with instructors as overseers, he quickly was able to use his prior service to assist the other cadets. For example, he taught cadets how to conduct PT and how to call cadence. He stood out from the other cadets in another way. He had real Army accoutrements to wear on his uniform, including an Army Commendation Medal and parachutist's badge. "That's all big stuff for cadets," he said.

In the summer of 1975 between his junior and senior years of college, he attended ROTC training at Fort Riley, his only time on post before coming back as a general officer 30 years later. He called it "a good experience" and was teamed up with a few other prior-service cadets. They showed the others things like how to make a bunk, how to set up a wall locker display, maintain weapons and other things about soldiering. "To be able to help others," he maintains, "helped create a sense of camaraderie and teamwork that was very, very healthy."

After summer training, he was selected to serve as cadet battalion commander and had a "great year senior year." He and his contemporaries began to "get very serious about the fact that we were going to be lieutenants in the Army," said Ham. "I had learned by that point that grades were important and was fortunate to be designated a Distinguished Military Graduate."

He requested and received assignment to the Infantry branch. It was his first choice, because "that's what I did when I was enlisted. I thought that if you're going to be in the Army, you might as well really be in the Army and, hey, that's the Infantry," he declared. He completed his degree in Political Science and was commissioned in June 1976 and returned to active duty.

"How I benefited from the program is still why the program is valuable today," Ham stated. The program gives Soldiers with a desire for increased responsibility an opportunity to finish college, get their commission and continue to serve. "If it's an avenue for Soldiers like that," Ham asserted, "then I think it's an immensely valuable program."

Ham said that many officers who serve today look for young Soldiers and noncommissioned officers with that little something extra to go Green to Gold. The program develops them as leaders so they can continue to serve the Army in a different capacity.

"If you don't like being a Soldier, then it's not the right program (for you)," Ham declared. "You've got to be a Soldier in your heart to want to do this. And having done this for a while, you get to a point where you can really sense someone's sincerity—whether it's really a lifestyle they have embraced or not."

Program offers advancement

He noted that to be in the program does not require a lifelong commitment. "Having the opportunity to serve, first as a Soldier and then as an officer," gives those in the program an opportunity to learn what they want to do with the rest of their lives, Ham said, and he found an Army career "was my calling—what I was destined to do."

Others, he knows, "serve well for three to five years or even longer and then go do something else—that's okay too. Our nation benefits from that also, and I think that's a worthy endeavor."

Speaking about the Green to Gold program option that allows enlisted Soldiers to remain on active duty with all pay and benefits while attending college, Ham said, "This is a tremendous benefit. Previously, the Green to Gold program, no matter how attractive it was, was too much of a burden for a young married Soldier."

Now Soldiers selected for the program can continue to care for their families while going to school and completing ROTC. They can also use the Army's

educational benefits to offset college costs. Some individual colleges and universities, he added, offer other financial incentives to Soldiers. "I really applaud this effort to open the door to Soldiers who otherwise would not seriously consider Green to Gold," Ham said. Because Soldiers selected for this active-duty option are not discharged from the Army, they continue to earn time in service benefits and full pay. Upon commissioning, they are paid at a higher rate than they would receive if they had been discharged before entering ROTC. "I think that's a great initiative," he asserted.

Ham regrets not keeping in touch with any members of the first class of 50 ROTC scholarship winners. He and three other Soldiers stationed at Fort Bragg were selected to receive the scholarship and were sent off with a ceremony. "I really do wish that I had made the effort to find out a little bit more and figure out who went where," Ham said. "I think I'm probably the last one standing. This would be the 30th year," he said, alluding to the Army's limit of 30 years of service for officers who do not attain general officer rank.

Ham concludes that the Green to Gold scholarship program was "the start of what has turned out, in my opinion, to be a very, very successful program, not only for the Army and the colleges and universities those Cadets attended, but for each of those individuals. "My life would be wholly different than it is today if I had not been afforded this opportunity."

For more information about the Army's Green to Gold program, call 800-USA-ROTC (872-7682) or visit the web site at <http://www.armyrotc.com>.

Post, Army news briefly

Organization seeks speakers

Operation Tribute to Freedom is currently seeking OIF/OEF Soldiers who participated in college campus sororities and fraternities for recognition and possible speaking opportunities. Alumni of the nine historically African-American fraternities and sororities are of particular interest. Interested Soldiers should contact the Community Relations Office at 239-2022 or e-mail april.blackmon@riley.army.mil. Responses should include the Soldier's name, contact information, bio with brief deployment history, Greek affiliation and university attended. Response deadline is Feb. 28.

Operation Tribute to Freedom is seeking Asian-American and Pacific Islander American Soldiers

who have served in Iraq or Afghanistan to participate in Asian Pacific American Heritage Month speaking opportunities nationwide. The recognition month begins May 1, however, interested Soldiers should contact the Community Relations Office as soon as possible. Locations and dates TBD. Interested Soldiers should contact the Community Relations Office at 239-2022 or e-mail april.blackmon@riley.army.mil. Please include the Soldier's name, a brief deployment history and awards. Responses taken on an ongoing basis.

STATE FARM INSURANCE

2 x 12p
Black Only
2x2.statefarmFBRTF.2/22.56251k

GEICO AFC
3 x 60p
Black Only
739212 GEICO- SO GOOD

JON MURDOCK AUTO MALL
2 x 48p
Black Only
2x8 Murdock W6#3

PRAIRIE HAWK CYCLE & LEATHER,
1 x 9p
Black Only
1x1.5 Prairie Hawk

TYME OUT
1 x 12p
Black Only
1x2.lunchspecial.1/12.9049.1k

LIGHTHOUSE CHRISTIAN FELLOWSHIP
1 x 18p
Black Only
1x3lchsefellowship1/13 t f



Operations officer answers questions about post changes

By Spc. Stephen Baack
1st Inf. Div. PAO

Lt. Col. Eric Wesley, 1st Infantry Division operations officer, recently sat down with journalists for a question-and-answer session to discuss where the "Big Red One" and Fort Riley are headed, and what that means to the community.

Q: *Would you tell me a little bit about what we've seen in Fort Riley over the past year and where things are going over the next year or two as far as the brigades and the buildup?*

A: There are three major missions that Fort Riley does right now: transition team training, which is our main effort at Fort Riley; training and providing forces to the commanders in Iraq and Afghanistan; and the reorganization of formations at Fort Riley into the modular design. All three are critical to our success at Fort Riley, but that last one is at times overlooked.

The third mission entails building the Army to a modular design. We use the term modular quite a bit. It's a plug-and-play idea. Whereas before, we used to align units to higher headquarters and expect them to fight in those habitual organizations, we now build everything modular so that, in theory, they can move independently and plug into another organization, another headquarters. That requires those organizations to be redesigned with a particular emphasis on independent operations.

That reorganization is taking place in a number of our formations: The 4th Infantry Brigade Combat Team, the Sustainment Brigade, and the Combat Aviation Brigade are all good examples of modular organizations. Just the nature of redesigning and cross-leveling skills and capabilities from across the Army to achieve a formation that has modular characteristics becomes a mission in and of itself. At the same time they modularize, they begin training so they can become part of that second mission, providing forces in Iraq and Afghanistan.

Q: *Talk to me about the buildup of the 4th Brigade and the CAB that you have seen over the last year and how it plays into the changes that have gone on here over the last year.*

A: From a community perspective those changes are subtle. At the same time we were building 4th Brigade to a larger and larger organization, and we were bringing the 3rd Brigade and the

1st Brigade down in size to achieve the transition team training mission at Fort Riley. If you compare those three organizations: the 4th Brigade and the 1st and the 3rd, it might not be so apparent to the outside observer that the population at Fort Riley is growing. There are some seeds that are planted for growth at Fort Riley that might not be quite so evident.

The Combat Aviation Brigade, on the other hand, is a little bit different in that by bringing them here, obviously as you're going down Interstate 70, you're starting to see aircraft on Marshall Army Airfield – an assortment of aircraft because with this Combat Aviation Brigade, we have a wide spectrum of aircraft. They'll see Chinooks and they'll see Apaches and they'll see Black Hawk helicopters out on that pad. So that's a big difference to the people in the local community.

Q: *When will 1st Brigade be standing up to their brigade combat team status?*

A: The 1st Brigade ultimately will go back into the force pool and we have been told to plan to have 1st Brigade be part of this transition team training mission through fiscal year '08. Things change all the time, though, much the way it did with 3rd Brigade. We got notice in December and we're going to have that thing building by April, so things can change fast.

Q: *How do you expect the division's responsibilities to change as your brigades change to almost mini-divisions? How are your responsibilities at the division level going to change as you see more things handed down to the brigade level?*

A: What you see here at Fort Riley won't change a lot. The division will still take responsibility for those brigades that are here and aligned with the division. That is, we give guidance on training. We'll supervise the training; provide resources with the garrison to sustain that training.

Where modularity is different, in the event that when we rebuild the division headquarters into a modular organization, it's possible that the division headquarters could deploy to a theater to provide headquarters to subordinate brigades and the brigades here. So



Lt. Col. Eric Wesley, 1st Inf. Div. operations officer talks with media about changes at Fort Riley.

it's not a given that whenever the division headquarters deploys that the brigades deploy. That is the essence of modularity.

What the Army has done to accommodate those subordinate brigades in the event that a division deploys and that they remain here is that we've created an organization that remains germane to the Fort Riley community. We'll create this thing called a mission support element, and that is a combination of both civilians and military. Their role is to provide oversight to the subordinate brigades if the division were to move and deploy. The idea is, that mission support element provides the oversight for those brigades.

Q: *How has training at Fort Riley changed?*

A: Some of the skill sets that we need have changed in that we need to consider an urban environment. The CACTF, the Combined Arms Collective Training Facility, is a deep-reaching, long-term project to ensure that we built a good MOUT site, or urban environment to train in.

That gives a very formal environment to train urban fighting. In fact, in the end it will be completely instrumented so that we can see and observe from a lot of different angles everything that everybody does. That facility wasn't quite complete when we received the transition team mission here. In the interim, we built what we call urban clusters. We now have six of those and we will move to 10 eventually. Those will not leave when the transition team

mission goes away. In fact, we expect them to be there for a good, long time.

Q: *How is that going to help better prepare your Soldiers for when they deploy?*

A: Years ago we may have had a little more static approach to what we were doing. We would put Soldiers on a range and they would all be lined up and there would be a sterile environment where targets popped up, and we would get very good at basic marksmanship. But, by introducing more complex environments such as the shoothouse, that adds a whole other dimension that moves away from a two-dimensional range to now a three-dimensional range. You've got multiple floors, multiple rooms and so what it does is force the Soldiers in training to take into context a myriad of variables that they wouldn't have to take into consideration with a two-dimensional range with static lanes. I think that the capability of the Soldiers increases because they have a broader perspective of a three-dimensional battlefield as opposed to a two-dimensional battlefield.

Q: *How has your Soldiers being role players helped them with the transition team mission?*

A: We have hired a significant number of contractors who will serve as role players. Now, sometimes we've had to have Soldiers role play and we did that particularly early on in the TT mission. What we found in doing that is by playing a civilian on the battlefield you tend to identify with the position of being in that circumstance where you're subordinate to a foreign force of some sort and you begin to identify with the culture that you're portraying. Because of that, that is one of the things Col. Jeffrey Ingram, the 1st Brigade commander, has instituted as part of the cultural awareness training early on in the training process. We deliberately take the transition team members who will be advisers to Iraqi security forces and Afghan security forces and they play the role player, so that they can absorb and experience the effects of having somebody interfere with their daily life in an environment like that. We've found that by being a role player, you get a great appreciation for the impact of what you're ultimately going to do will have on them.

Q: *The post has always been looked at as having great training facilities with the vast, expansive prairie that we have here. Now you guys are building these new training facilities. How do you think that's going to help with the way that the government looks at this base, as in, "Do we keep it?" "Do we send Soldiers there to train?"*

A: I think that everything that much of the leadership has pursued in the last 10 years is all moving in that direction in terms of making Fort Riley a sustainable post that is a viable installation. We put a lot of emphasis on the deployment platform here at Fort Riley. That makes the post viable in that the forces here, although in the middle of the continental U.S., can easily move out if necessary. Through training, and by changing and adjusting the training facility, it makes Fort Riley a pre-eminent place to train those skills that are necessary for the current battlefield.

Q: *Is there anything you'd like to tell Soldiers out there?*

A: As quiet as Kansas may be, finding ourselves here in the middle of the continental U.S., the number of missions and the spectrum of things that the Fort Riley Soldiers are carrying out couldn't be broader. They are achieving a number of tasks that I've laid out in those three missions I've discussed – all of which support the Army Campaign Plan directly. Dovetailed with that is just the great support of the local community, and what the local community has done is really embraced the 1st Infantry Division redeploying back. The support that gives us enables us to do this myriad of missions that I've just described. So, on one hand I'd affirm our Soldiers who are accomplishing a myriad of tasks, but on the other hand I'd also affirm our community because without their support, the Soldiers wouldn't be as effective as they are now.

Q: *Do you think the community realizes the importance, in the grand scheme of things, some of the missions that you have out here?*

A: If you pay attention to C-SPAN, if you pay attention to politics and the debate associated with the current effort in the war – any material that you read or see on TV today in discussing the future of our success in Iraq or Afghanistan – if you look at any intellectual piece, they come to the conclusion that the means to achieve that success will come through an empowered, indigenous leadership in those countries.

The means by which the Army and our government has chosen to achieve that is through one key tool, and that is the transition teams embedded in, not only Iraqi Security Forces and Afghan National Security Forces, but also in government institutions. The embedding of those trainers, the number one, preeminent place where transition teams are trained is right here at Fort Riley, Kansas. So, the leading element of our success in both of these campaigns is being fostered by the Fort Riley community and by the 1st Infantry Division.

MANHATTAN SHOE REPAIR
1 x 12p
Black Only
1x2 Man Shoe Feb TF

CULLIGAN OF NE KANSAS
2 x 12p
Black Only
2x2 Culligan

DICKINSON THEATRE
1 x 9p
Black Only
1x1.5.adchangeNOVTF11/17.1k

HOMESTEAD AUTO
1 x 9p
Black Only
1x1.5.Homestead@trackers01/04

DAILY UNION
1 x 12p
Black Only
stop smoking

FIRST PRESBYTERIAN
CHURCH
1 x 15p
Black Only
1x2.5 1st Presby

CANDLEWOOD HEALTH MART PHARMAC
2 x 12p
Black Only
2x2Candlewood Health11/03 tf

COLLEGE HEIGHTS BAPTIST
2 x 12p
Black Only
2x2College@sl1/03 tf

RILEY COUNTY EXTENSION
2 x 30p
Black Only
2x5 Riley Co Garden Show

CENTRAL NATIONAL BANK
1 x 12p
Black Only
3x8CNCB02/01POSTAD



Commentary

Thursday, February 22, 2007

Fort Riley Post

Page 5

Riley Roundtable

This week's question:

If you got out of the Army tomorrow, what would you remember most?



"I would remember trying to meet the height and weight standards after having a baby."

Spc. Heather Acevedo
Air traffic controller
Co. F, 2nd Bn., 1st Avn.
Home: Taylor, Mich.



"I would remember the people that I met."

Spc. Jessica Carpenter
Cook
4th IBCT, rear detachment
Home: Sheridan, Wyo.



"The thing I would remember the most would be the camaraderie amongst the Soldiers."

Sgt. Robert Sweeney
Military police officer
300th MP Co.
Home: Theodore, Ala.



"I would remember all the places I have seen and friends I have made since I have been in."

Staff Sgt. Nathan Mercer
Squad leader
24th Trans. Co.
Home: Rolla, Mo.



"If I left the Army tomorrow I would most remember my basic training and my officer candidate school."

Capt. Du Brown
Assistant operations officer
1st Brigade
Home: Milwaukee, Wis.

Letters to the editor:

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and a phone number where he or she can be reached.

Letters may be edited to fit space but never edited to change the writer's viewpoint. Send letters to anna.morelock@riley.army.mil or fax them to 239-2592.

Safety notes

Safety office clears up roundabout rules

Installation Safety Office

Traffic rules of engagement for traffic circles and roundabouts differ, even though their purpose is basically the same. Both allow a higher volume of traffic to flow through intersections without stopping for traffic signals, which decreases fuel consumption and is a low maintenance option. Vehicles entering a traffic circle traditionally have the right-of-way, while vehicles yield at entry into roundabouts, allowing traffic to continually move while circulating through it.

Fort Riley has two roundabouts, one located at Normandy Drive and the other at Apennines Drive on Custer Hill. A third roundabout is under construction at Huebner and Williston Point Roads.

How do you engage a roundabout versus a traffic circle?

Roundabouts

- Entering vehicles must yield
- Vehicles in the roundabout have priority over entering vehicles.
- Uses deflection to maintain low speed.

- Pedestrians are (usually) prohibited from the central island.
- All vehicles circulate around the central island.

Traffic circles

- A stop sign or signal gives priority to entering vehicles
- Allow weaving around to resolve conflicted movement
- Some large circles permit parking within the circle
- Some large circles permit pedestrians on central island.
- Mini-traffic circles allow left-turning vehicles to pass to the left of the central island.

The posted speed limit in roundabouts is 15 mph; this allows traffic to safely move through the roundabout and merge with other vehicles. Always signal your intentions by using your turn signal when in the roundabout.

Be cognizant of your surroundings, and watch out for the other guy, he or she may not be paying attention to what they are doing. Just because you have the yield sign to your advantage, does not mean that the other driver will always give you the right of way.

Stay alert and stay alive!

Tax time

Refunds are worth few extra days

By Capt. Hobe Scholz

Installation tax attorney

Imagine allowing someone to take a part of your paycheck each month. Then your buddy tells you that he can help you get some of that money back, but to do it he will charge you 1,700 percent interest. You would have to be crazy to agree to something like that. But that is exactly what millions of Americans do each year by deciding to take a refund anticipation loan on their tax refund.

A refund anticipation loan is a loan product offered by many commercial tax preparers.

When preparing your tax

return, a commercial preparer may ask if you are interested in getting a rapid or speedy refund.

The speedy refund will cost a small processing fee, generally around \$35 to \$75. They may also offer to sweeten the deal by offering pre-paid cell phones or other incentives. This speedy refund is actually a loan, and these loans are big business. Your income tax refund secures this loan. The commercial preparer says that you will get your full tax refund, less preparation fees, loan fees and an application fee. In total, you will probably end up paying about \$225 for the whole tax package of preparation, loan application fee and loan fee. You do get your money

quickly. But not much more quickly than if you just e-file your taxes.

The average term of these loans is ten days, the difference in the time that it takes the commercial tax preparer to give you money and the time that it takes the IRS to send your refund to the tax preparer to repay your rapid refund loan. Based on the size of your refund, the annual percentage rate of interest that you are charged for getting your money ten days earlier can be anywhere from 40 to 1,700 percent.

You can still get your refund quickly and cheaply. If you e-file your tax return and use direct deposit, you can get your refund

in as few as eight days. Is getting your money a few days quicker really worth \$225 and an interest rate of up to 1,700 percent?

The Fort Riley Tax Center is open on Custer Hill, Building 7434B across from the bowling center. The Tax Center files federal and state tax returns for qualified individuals free of charge, and will e-file returns when possible in order to quickly get refunds to those entitled. The Tax Center is open from 9 a.m. to 6 p.m. Monday through Friday, and 9 a.m. to 1 p.m. on Saturdays. To schedule an appointment with the Tax Center, call 239-1040.

IACH joins effort to improve safety

By Anita Frye

IACH Patient Safety Manager

Irwin Army Community Hospital will celebrate National Patient Safety Awareness Week March 4-10.

During the week, IACH will support the National Patient Safety Foundation's efforts to highlight effective communication as the patient safety tool of choice.

The theme, "Patient Safety: A Road Taken Together," emphasizes the partnership between providers, patients and the community in improving patient safety and focuses on the impact of teamwork on all levels.

The theme encourages providers to listen to their patients, speak in simple terms, and empower and develop an equal growing partnership. For patients, medical information is often difficult to understand.

Patients who ask questions until they understand what they need to do can become



partners with their doctor to manage their health. This understanding will build relationships and improve patient safety.

"Patient Safety Awareness Week is a call to action to raise awareness of the issue and encourage patient safety by highlighting the importance of asking questions, listening and learning in making healthcare decisions," said Col. Dawn M. Smith, IACH commander. This year, hospital members are encouraged to reach out into the community and engage them in this broader goal of collective patient safety.

IACH encourages patients to ask questions and to become active members in their healthcare.

Grunt By Wayne Uhden

THERE ARE THREE RULES
I TRY TO LIVE BY...
FIRST, ALWAYS LOOK COOL,
SECOND, ALWAYS KNOW WHAT
YOU'RE DOING,
AND FINALLY, IF YOU DON'T KNOW
WHAT YOU'RE DOING,
TRY TO LOOK COOL...



FORT RILEY POST

This newspaper is an authorized publication for members of the Army. The contents of the Fort Riley Post are not necessarily the official views of, or endorsed by the U.S. Government, Department of Defense, Department of the Army or Fort Riley. The Fort Riley Post is an unofficial publication authorized by AR 360-1. Editorial content is prepared, edited and provided by the Public Affairs Office and Fort Riley. The Fort Riley Post is published by Montgomery Communications, a private firm in no way connected with the Army, under exclusive written contract with Fort Riley.

Publisher-Maj. Gen. Carter Ham
Public Affairs Officer-Lt. Col. Christian Kubik
Command Information Officer-Vacant
Printer-John G. Montgomery
Fort Riley Editorial Staff:
Editor-Anna Morelock
Staff writer-Vacant
Advertising Representatives-
Mary Crough, Dennette Busing, Lauren Hodges

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Montgomery Communications of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

For business or advertising matters, call The Daily Union in Junction City at (785) 762-5000. For news offerings, call The Fort Riley Public Affairs Office at (785) 239-8854 or DSN 856-8854, or write to the Public Affairs Office Bldg. 405, Fort Riley, KS 66442-5016.

Circulation 8,800 copies each week
By mail \$20 per year
A licensed newspaper member of the Junction City
and Manhattan chambers of commerce

Jenny
THE MILITARY
SPOUSE





Top police training official in Iraq sees encouraging signs

By Tim Kilbride

American Forces Press Service

WASHINGTON - Despite ongoing violence and intimidation around the country, Iraq's police forces are steadily growing in numbers and professionalism, said the U.S. Army general who oversees Iraqi police training.

Maj. Gen. Kenneth Hunzeker, who previously served on the Joint Staff and commanded the 1st Infantry Division as it returned to the United States from Germany, assumed control of Multinational Security Transition Command Iraq's Civilian Police Assistance Training Team in October.

During a telephone question-and-answer session with bloggers and online journalists Feb. 7, Hunzeker explained that his organization is working to help the Iraqi government, specifically the

Ministry of Interior, assume sole control of the Iraqi National Police, the Department of Border Enforcement, and the chiefs of police and forces of Iraq's 18 provinces.

"We've trained and equipped them, and now we're trying to go to the next level with different training programs and different initiatives," Hunzeker said. "What I see on a daily basis is great leaders, great 'shertas' (police officers), putting their lives on the line and truly becoming a more professional force."

Recruitment figures among police forces have climbed throughout most of the country, Hunzeker said. In a televised briefing earlier in the day he noted, "We have trained more than 200,000 policemen and women, more than 19,000 above our target goal." However, he said, the effort is affected by

underlying stability in each province.

"In the troubled areas — it's those six provinces you hear about all the time where there's a lot of violence and the like — that's truly your challenge as you go through this. Recruiting there is not at the numbers we would like," he told the online journalists, but, he noted, "we're still fairly successful."

Recruitment numbers in Anbar province have jumped recently, a change Hunzeker credited to increased rallying efforts by Marine expeditionary forces in the region and provincial sheiks, whose attitudes by way of insurgent violence he described as "I'm not going to take it any more."

Hunzeker said coalition forces are working with Anbar police chiefs to rapidly build the capacity to support and utilize the new

strength, with results quickly becoming manifest.

"I think you're seeing the effects of it on the ground," he said. "I think we have turned the corner in al Anbar in many ways."

In Iraq's 12 mostly peaceful provinces, the general pointed to steady progress in institutionalizing law and order. "We're beginning to establish the rule of law, and the prisons and the courts are catching up, and the policemen are the action arm there," he said.

Enabling an effective, loyal and independent police force at the provincial level is essential to standing up the national government, Hunzeker explained.

"When you talk about the 18 different provinces and the 18 different police chiefs that exist out there, ... they clearly are in charge," he said. "They sit as the



AFPS/Suzuki

Members of the Salman Pak Iraqi police prepare for a patrol after a ceremony commemorating the initiation of the Joint Security Station (JSS) in the Salman Pak area of Baghdad, Iraq.

See Police training, Page 10

Memorial continued from page 1

"There were three things I observed of Donnie," Dexter said. "He was a great officer, a loving father, and a proud and devout father."

"My lasting impression of him from outside the company was what a smart, funny man he was," said Maj. Jon Lust, a speaker at the ceremony. "Donnie was truly a gifted officer. He possessed a

tenacious drive and an exceptional intelligence."

"In the end, though," Lust concluded, "it is his absolute devotion to his family that I think truly defined Donnie."

Belser was originally from Fort Stewart, Ga. He entered the Army in April 2001 as a second lieutenant.

He was assigned to the 524th

Transition Team, 1st Infantry Division, as a transition team adviser. This was Belser's third deployment in support of the

Global War on Terrorism. Belser is survived by his wife Marshawn and their children Morgan and Myles.

AMERICAN DIRECT MORTGAGE
2 x 24p
Black Only
2x4 American Direct Mortgage

SCREEN MACHINE
2 x 12p
Black Only
2x2ScreenMac01/04t.f

ADVANCE CHECKING
2 x 12p
Black Only
2x2AdvanceCheck02/18Loans

MILITARY OUTLET
2 x 21p
Black Only
2x3MilitaryOut01/04t.f

MWR
2 x 33p
Black Only
2x5.5MWR02/25Talent Show

SPRINT- NE PRESS
4 x 63p
Black Only
Sprint home

CINEMA 12/MANHATTAN, KS
2 x 33p
Black Only
2x5.5Cinema12s01/04t.f





Post, Army news briefly

CAC meetings scheduled

The Community Action Council will meet from 10 to 11 a.m. Feb. 27 at Riley's Conference Center. The March meeting will be held at 10 a.m. March 21. A CAC will not be held in April.

Big Red One reunion set

Veterans of the 1st Infantry Division will host their 89th annual reunion Aug. 8-12 at the Millennium Hotel in St. Louis, Mo. The reunion is sponsored by the Big Red One veterans' organization, the Society of the 1st Infantry Division located in Blue Bell, Penn.

Everyone who ever served in the 1st Inf. Div. or any unit attached to it is cordially invited to attend the reunion.

Details and reservation forms will be available in the spring issue of the Society's newspaper, The Bridgehead Sentinel, or after March 1 on their Web site: www.1stID.org; or from: Society of the First Infantry Division, 1933 Morris Road, Blue Bell, PA 19022. Phone: (215) 661-1969.

Inf. Association seeks members

Officers and Soldiers of the 2nd Battalion, 2nd Infantry Regiment who served in Germany, Kosovo and Iraq are encouraged to contact the Second Infantry Regimental Association and join the members of the battalion who served in Vietnam. To find out more information, write to 5005 Portsmouth Rd., Fairfax, VA 22032.

\$1000 reward offered by CID

The United States Army Criminal Investigation Command is offering a \$1,000 reward for information leading to the identification, apprehension, and conviction of the person(s) responsible for the armed robbery, by three unknown black males, wearing white shoes, black trousers and black hooded sweatshirts. One of the suspected individual(s) had a tattoo on his right forearm of a word written in old English lettering, beginning or ending with the letter "M." The robbery occurred between 6 and 6:40 p.m., Nov. 5, 2006, at the intersection of Jackson and Beaugard Streets on Fort Riley. Anyone with information concerning this incident is urged to call the Fort Riley CID office at (785) 239-3931, or the military police at (785) 239-6767.

'Blackhorse' reunion set

The 11th Armored Cavalry Regiment will hold a reunion June 14-17 in Williamsburg, Va. All former and current Blackhorse Troopers are invited to attend the event hosted by the Border Legion, Blackhorse Association.

The event will be held at the Williamsburg Hospitality House, 415 Richmond Highway, Williamsburg, Va. 23185. For more information, contact Glenn Snodgrass at (703) 250-3064, jgs525@cox.net, or visit the 11th Armored Cavalry Regiment Web site at www.11thacv.org.

AMERICAN FAMILY INSURANCE
2 x 12p
Black Only
2x2PetFamily01/12

Soldiers react quickly, come to aid of fellow Soldier

By Spc. Stephen Baack
1st Inf. Div. PAO

The Army teaches it's never too early to get involved when you suspect a friend is at risk for suicide, but fortunately in one case earlier this month, it wasn't too late.

Coming back to Fort Riley from holiday leave, Spc. Tiffany Wiseman noticed something out of the ordinary as she drove across the Marshall Army Airfield bridge. She thought she saw a young-looking man searching for something he might have dropped off the side of the bridge.

Wiseman, a clerk with Headquarters and Headquarters Company, 1st Infantry Division, said she was immediately tipped off something was amiss when the individual started moving erratically.

The driver of the only other vehicle on the stretch of road stopped ahead of her, turned on his emergency flashers and executed a U-turn. Wiseman followed the sport utility vehicle back to the individual, who turned out to be a Soldier.

By the time Wiseman stopped her car, Staff Sgt. Timothy Gruber was outside his SUV trying to talk to the Soldier. Wiseman joined Gruber, and they both proceeded cautiously.

"He was just really mad, and he was crying and he was yelling," Wiseman said. "He said, 'I want to die.'"

Gruber, a Soldier with the 300th Military Police Company, by that point had identified himself to the Soldier as an MP and called for back-up.

The Soldier continued acting erratically, Wiseman said, jumping back and forth on the cement part of the bridge.

"He took his glasses off, set them on the bridge and crossed his heart with his hand," Wiseman said. "He took some steps back and then tried to get a running start to jump off."

Gruber looked at Wiseman, who physically blocked the Soldier in his attempt to jump. Gruber was able to grab a hold of the Soldier first, with Wiseman grabbing his shoulder. Both wrestled him to the ground and started talking to him for 20 or 30 minutes, Wiseman said.

"He really wanted to get up," she added. "He was really strong, and he was really upset."

At Wiseman's recommendation, the two Soldiers called Chap. (Lt. Col.) Brent Causey, the 1st Inf. Div. chaplain.

"I was in my office," Causey said. "I was getting ready to walk

out the door. It was about 1900, and I got a phone call from the MPs. They told me that they had a Soldier there that wanted to see the chaplain."

Even though the MPs arrived to handle the situation, Wiseman stayed with the Soldier and followed the ambulance to the hospital where she joined Causey, held the Soldier's hand and talked to him for nearly two hours.

"I thought that was incredible, that not only would she help pull him down, but she would follow him to the hospital and then stay with me and basically, as I was talking with him, she says, 'Yeah, that's right. He can help you. What he's saying can really help,'" Causey said.

"And they had connected there on the bridge, and so, everything she was saying as she was backing me up gave validity and that's where he came and gave me a lot of attention," Causey continued. "You could tell he was really

being respectful and listening to what I was saying."

Causey said he was also particularly impressed with the response from the Soldier's chain of command. The Soldier's battalion commander and command sergeant major, company commander and first sergeant all came to the hospital.

"I sat in the room when they were talking to him, and they all did just a really exceptional job of supporting the Soldier, helping the Soldier to get on track, telling him that they were going to be there for him," Causey said. "He was in a horrible situation, but they were going to be there to help him through. It was just incredible to see the chain of command so caring and spend that much time with the Soldier."

Causey stayed with the Soldier for about two hours and had called the Soldier's battalion chaplain, Chap. (Capt.) Bryan Oh, immediately upon arriving at the

hospital.

Since that night, Oh has made follow-up visits with the Soldier at a hospital in Topeka and is keeping Causey abreast of his condition.

"If you had a picture-perfect response, everybody did the exact thing they've been trained to do or should have done," Causey said. "The MP that responded on the scene, he had taken the assist class and he was hitting it - he was right on strike."

"You saw a perfect oiled machine - making all the right contacts, everybody showing up being where they were supposed to be in an expedient timeframe - and really demonstrating to this Soldier how much his unit does care, how much other people care about him and getting him the help that he needs," Causey added.

The two helping Soldiers' chains of command were also pleased.

"I think the most important thing here is that (Wiseman) showed selfless service," said Maj. Carlos Kavetsky, commander of HHC, 1st Inf. Div. "She went ahead and did that without thinking... She was going through a stressful situation, and I believe that she was at the right place at the right time."

Kavetsky added that having gone through stressful situations was one of the main things that helped Wiseman do what she did.

"It reflects a lot on Sgt. Gruber, it reflects a lot on the unit - especially everything that they've done in the last year on deployment, taking care of each other," said 1st Sgt. Mark Dombrowski. "As a military policeman, he's trained to recognize things a little more than the average person, but I think it says a lot about his personal courage to the do the right thing - being a disciplined non-commissioned officer to go ahead and care for the welfare of another Soldier."

Suicide prevention, awareness training bears repeating

By Spc. Stephen Baack
1st Inf. Div. PAO

While Soldiers across the Army may commonly encounter suicide prevention training, chaplains and unit leaders alike continue to emphasize its importance.

Soldiers of the 97th Military Police Battalion and 35th Military Police Detachment attended suicide awareness and prevention training for their Sergeant's Time Training at Morris Hill Chapel Feb.

Chap. (Lt. Col.) Skip Stanley, installation chaplain for reserve affairs, led the detachment through the training. Stanley used the time to talk about social support, time management, stress reducers and producers, combat stress, relationships, common psychological reactions to stress, treatment and myths about suicide.

"We always like to talk about the things that contribute to stress, and what makes people stressed and why they stress out," Stanley said. "We always go through the suicide briefing: what kind of stressors cause people to think about suicide and what we can do as individual Soldiers to support one another and keep that from happening."

While the presentation itself was nothing new for most of the



1st Inf. Div./Baack

Chap. (Lt. Col.) Skip Stanley, installation chaplain for reserve affairs leads the Soldiers of the 35th MP Detachment through suicide awareness and prevention training at the Morris Hill Chapel during their Sergeant's Time Training.

Soldiers in the detachment, Stanley said, the training is invaluable especially for MPs - who at times have to respond to suicide attempts or to people at risk of suicide.

If you're going through something yourself, it's really hard to help out somebody else," Stanley said. "You don't want to listen to a chaplain that's going through depression, just like you don't want an MP to come help you who's messed up personally and having lots of personal problems."

"I think it's pretty important

that it has a million times - it's still important. You take something away from training every time," Weiner said.

One seasoned MP in the group agreed.

"For each class, with all the different people giving them, you get more and more out of it each time," said Sgt. Robert Clay, who was deployed for most of the last three years.

Clay added that he never received the training when he was in the Navy.

"I'm just glad the Army gives it," he said.

"I think some of the resources that the chaplain had, and the presentation, are pretty useful, and the fact that he was able to let people realize it's not a sign of weakness if you need to seek help for anything like that," Weiner said. "It's important especially for MPs to understand."

"I think out of all the Soldiers on post, they're the ones that have a high risk of stress," Stanley said. "They get called into every kind of situation. They're a lot like the chaplains. Everything bad that happens here, they're going to be a part of. They're going to be called in to look at it, to try to fix it, to try to resolve it. Of all the groups on post, I can't think of a group that deserves more attention than the MPs probably do."

HOUSE FILL AD

HOUSE FILL AD

CRUMS
2 x 21p
Black Only
2x3.5 Crums Feb TF

HOUSE FILL AD

FIRST ASSEMBLY OF GOD-MANHATTA
2 x 2p
Black Only
2x1st Assem God 11/11 f f

Leaders

continued from page 1

The command brief brought a spirited exchange of ideas concerning transition team training and lessons learned.

Durbin said the Afghans were equal partners, "dedicated and making sacrifices the same as us."

"We believe in the Afghan security forces and when we showed them that we believed, they started believing in themselves," he said.

The group agreed that the Fort Riley transition team training does a good job of teaching combat skills, but the adviser, culture and counter-insurgency training need honed.

Concerning cultural awareness, Khalil said he would send his officers to Fort Riley to assist with cultural emergence. To this, Ham said, "General, anytime you want to send your officers back, we'll take them."

Durbin suggested sending Task Force Phoenix training liaisons, who train and mentor the Afghan army and police, back to Fort Riley to assist with training.

The group visited a language lab, communication class and the improvised explosive device static display.

"I found Fort Riley to be a very well-equipped training base,

very useful for the embedded transition team training," Khalil said.

"Having the two Afghan generals visit has offered very valuable insights to how we can improve the training of Soldiers, sailors, and airman who deploy," Ham said.

Once the tour and demonstrations were completed, Ham presented a 1st Infantry Division pocketknife to each Afghan general.

"With your help, we'll make this training better and better," Ham said.

BIG BROTHERS/BIG SISTERS- JC
2 x 12p
Black Only
BOWL FOR KIDS SAKE

FIRST SOUTHERN BAPTIST
2 x 12p
Black Only
2x2FirstSouthern02/18 f f





Eagle Cash provides convenience for deployed Soldiers

15th Finance Battalion

Fort Riley is one of four state-side posts now offering a debit-type card for deploying Soldiers. All deploying Soldiers, regardless of component type, can receive the Eagle Cash/Stored Value Card prior to their departure overseas.

Cards will be issued by the Finance Office at the Soldier Readiness and Processing site and can be used at most Finance, postal, Army and Air Force Exchange Services, and AAFES concessionaire locations overseas.

When issued the card, Soldiers also will receive a personal identification number that allows them to transfer funds to and from their personal bank accounts at cashless kiosks located at more than 40 locations in Afghanistan, Iraq and Kuwait.

The Eagle Cash management system was developed by the U.S. Army Finance Command and the U.S. Treasury Department to support the financial needs of personnel serving in contingency areas of operation. Eagle Cash reduces the amount of U.S. currency in

circulation overseas, reduces the amount of time Soldiers spend in line at the Finance Office for a casual pay or to cash a check and provides Soldiers a safer way of handling their money.

Lost or stolen cards can be replaced with full value as soon as 48 hours after notifying the local Finance Office. However, Soldiers must still secure the card as if it were cash because any funds deducted prior to Finance cancelling the lost or stolen card will not be refunded to the Soldier.

When Soldiers purchase items,

the amount is electronically deducted from the card's balance. When the card's balance is low, a Soldier can go back to the self-serve kiosk and add money to the card, pulling the funds directly from their bank or credit union account. Unlike most debit cards, there are never any fees for using it, whether paying for purchases or checking account histories and changing card balances at the self-serve kiosk.

Once issued, the card is good for up to 18 months and is meant

to be used only in conjunction with a deployment. Prior to Soldiers leaving theater for leave or redeployment, any remaining balances on the card can be transferred back to their bank accounts. If this is not completed in theater, Soldiers can bring their cards to the SRP site and the Finance Office will transfer the funds back to the Soldiers' account.

To facilitate the issuing of the Eagle Cash card, Soldiers can complete a DD Form 2887

(Navy/Marine and Eagle Cash Enrollment and Authorization Agreement) prior to seeing the Finance section at the SRP site. The Finance section can print a form out for the Soldiers, but they must know their bank information to include name, address, routing number and account number.

For more information or for a list of locations with kiosks, contact your local Finance Office or stop by the Finance section at the SRP site located in building 7671B.

GOVs continued from page 2

to the vehicle.

"If they take the vehicle out and damage it, we appoint an investigator and they go back and talk to the individual and anyone who is involved and see if it was actually neglect. If the person is found liable, they can have to pay up to one month's base pay,"

Klaverweiden said.

One way vehicles can be damaged is by taking sedans and vans off paved roads.

"Because they're not four-wheel-drive vehicles, their purpose is not to be off paved roads," Hall said.

While it may seem like there is

an extensive list of rules and regulations for operating GOVs, Hall said the rules should keep people out of trouble.

"It's for the well-being of the (individuals). As long as they're following rules, they're going to avoid (trouble)," Hall said.

What's happening in your unit?

The Post wants to publicize interesting and informative articles about all organizations at Fort Riley.

Call the editor at 239-8854. Let's talk.

DAILY UNION
6 x 93p
Black Only
service directory



Facility provides instruction worldwide

By Pfc. Andrea E. Merritt
1st Sust. Bde. PAO

Fort Riley's Digital Training Facility has been proven to provide effective training for Soldiers and save the Army money.

The DTF consists of six classrooms that are equipped with video tele-training software systems, which enable briefings and training to be broadcast to 274 sites around the world.

"One night we had a civilian come up and teach a class to Germany, Italy, England and Belgium, and then the next night to Japan and Korea," said Jake Lucas, chief of military schools on post.

The Battle Staff, Basic Non-commissioned Officers Course, Standard Army Retail Supply Systems and first sergeant's course are some of the classes taught in the Digital Training Facility.

The VTT has allowed Soldiers to maintain the one-on-one feeling with instructors who are not face to face with them because they are still able to interact, said Kyle Carroll, a DTF manager.

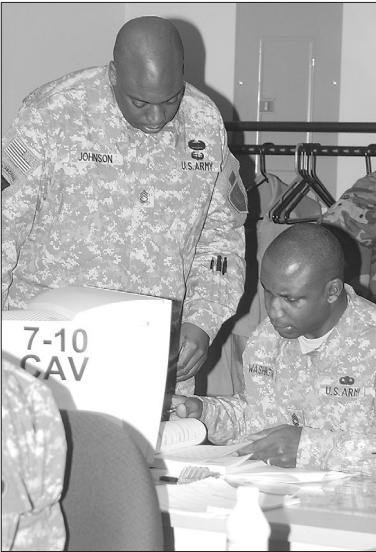
With the push of a button, a camera on top of a television, which shows a view of the classroom, zooms in on the student to ask questions.

"Battle Staff is about \$3,000 per Soldier if we send them TDY to Fort Bliss, Texas ... and BNOC is about \$1,000 per student," Lucas said.

An advantage to training in the DTF, aside from saving money, is a Soldier is able to train at home station and go home to his family at night instead of spending 30 days elsewhere, he added.

"There are 274 sites and the five years that I've been here, we've been number one across the board in utilization," Carroll said.

The Fort Riley facility is the



1st Sust. Bde./Merritt
Sgt. 1st Class Cedric Johnson, an instructor for the Battle Staff course, a strategic map-reading course taught in the Digital Training Facility, helps a student during a practice test Jan. 19.

most used facility in the world, said Lucas. "Sometimes we have to cancel one class in order to teach another based on priority. It gets busy in here."

The DTF will soon be teaching another course in the facility. The language lab that transition team

members go through will be taught there as well, Lucas said.

Units may request the Digital Training Facility for training or briefings by filling out a request form or calling Kyle Carroll at 239-4527.

Courts-martial find four Soldiers guilty

Four Soldiers at Fort Riley have been convicted by courts-martial in the past few weeks for crimes ranging from being absent without leave to rape.

Pfc. Aaron L. Fose was tried at a General Court-Martial Jan. 29 and found guilty of one specification of knowingly possessing child pornography. He was sentenced to be reduced to the grade of E1, to forfeit all pay and allowances, to be confined for 26 months, and to be discharged from the service with a Bad-Conduct Discharge.

Spc. Delmar R. Kemp was tried at a General Court-Martial Feb. 6. He was charged with four specifications of attempting to communicate indecent language to a minor, one specification of committing an inde-

cent act with another, and one specification of attempting to persuade a child 14 or more years of age, but less than 16 years of age, to enter a secluded place with intent to commit an unlawful sexual act in violation of a Kansas statute. Kemp pled guilty to all the specifications except the Kansas statute. He was sentenced to be reduced to the grade of E1, to forfeit all pay and allowances, to be confined for 30 months, and to be discharged from the service with a Bad-Conduct Discharge.

Spc. John T. Coleman was tried at a General Court-Martial Feb. 7 and found guilty of one absence without leave (AWOL) for over three years, one AWOL for a year-and-a-half, and one AWOL for seven days.

The military judge sentenced him to be reduced to the grade of E1, to forfeit \$867 pay per month for five months, to be confined for five months, and to be discharged from the service with a Bad-Conduct Discharge.

Staff Sgt. Michael E. Russell was tried at a General Court-Martial Feb. 9 and found guilty of four specifications of raping a child under the age of 12, two specifications of sodomy with a child under the age of 12, and three specifications of committing an indecent act with a female under 16 years of age. The military judge sentenced him to be reduced to the grade of E1, to be confined for 40 years, and to be discharged from the service with a Dishonorable Discharge.

HOUSE
FILL AD

WILCOX RV CENTER
2 x 24p
2x4 RED Wilcox RV

HOUSE FILL AD

NEW LINE CINEMA
3 x 63p
Black Only
740945 The number 23

FAITH FURNITURE
3 x 72p
Black Only
3x12 Faith Cherry



Teams turn Moon Lake into marketplace

By Master Sgt. Jack Lee
1st Bde. PAO

Transition team training at Fort Riley took on a new look recently during a Graduated Response Technique training exercise with the picnic pavilion at Moon Lake serving as an Iraqi market.

Graduated responses are measures teams use to prevent collateral damage and mitigate threats while protecting the force in every situation they may find themselves in – from convoys to cord-on searches.

"Patrolling alongside and advising host nation forces is the number one mission the teams will be doing in theater," said Capt. Johnny Casiano, Love company commander, 1st Battalion, 16th Infantry. "From, traveling to and from objectives, walking through villages and moving back to forward operating bases, the teams must know how to respond appropriately in any situation."

The transition teams are trained using a series of drills.

First, an observer/controllers introduce teams to a walk-through, talk-through demonstration, with the O/Cs as demonstrators, then the teams rehearse for a practical exercise.

"Graduated response techniques have five steps," Casiano explained. "First is 'shout,' an audible signal; next, 'show,' a visual signal; then, 'shove,' detaining or blocking the threat;



1st Bde./Lee

Sgt. Charles Lairson (left) and Sgt. Nicholas Gilvelli, both of 1st Bn., 16th Inf., lay on the ground guarded by Master Sgt. Varon Martinez, transition team Class 16. The 1st Bn., 16th Inf. Soldiers played the role of insurgents during a graduated response technique exercise recently at Moon Lake.

'shoot,' warning shots are fired and finally, a lethal shot is used.

"We teach our training teams only to fire a warning shot if they have a legitimate right to use lethal force in a given situation," he finished.

With contractors and foreign language speakers playing Iraqi security forces and village residents at Moon Lake, the teams moved out to the objective – the market where there had been reports of insurgent activity and

possible weapon trafficking.

Coming to a choke point outside the village, the transition team leader conferred with the security force commander on how best to negotiate the obstacle.

Crossing a bridge, role players set off a hidden improvised explosive device – a canister filled with dark talcum powder propelled by CO₂. Almost immediately, chaos reigned.

Security force personnel started firing weapons, yelling, run-

ning around and 'shooting' locals (the perceived IED trigger men), trying to give a realistic flavor to the training.

Transition team members organized themselves into defensive posture, while trying to control the situation.

"My O/Cs have a wealth of knowledge they brought back with them from their own deployments," Casiano said. "We want to put the TT teams into as real a scenario as we can."

Sgt. 1st Class Aaron Brown, Love Co. team chief, said he insures all his O/Cs are well-trained, well-equipped and give a professional class. "Trainers will go that extra mile to ensure transition teams are taught true doctrine."

"(Transition) teams are trained for what lies ahead and we make it as realistic as possible," Brown said.

"We integrate as much stimulus as possible for realism," Casiano said. "The teams need to begin thinking about second and third order of effects made by their decisions and advice given to their counterpart host-nation force leaders."

All transition team members go through the graduated response technique exercise regardless of the theater they deploy to or type of team to which they belong.

"This is a common thread of knowledge that teams can to look back on and have the resources to do what is right," Casiano said.

'Cav Roundup' gets word out on iTunes

By Spc. Jeffrey Ledesma
1st Cav. Div. PAO

CAMP LIBERTY, Iraq - What happens when the Multi-National Division - Baghdad daily radio show, "Cav Roundup" meets Apple's iTunes? People are able to listen to the most up-to-date information on what's happening on the ground through the eyes of MND-B Soldiers with this new partnership.

"Cav Roundup" delivers daily news and operational updates every weekday from the Iraqi capital and is now posted on the Army homepage. Lt. Col. John Robinson, director, Media Services Division, Soldiers Media Center, Office of the Chief of Army Public Affairs, said that as part of a push to get products seen by a larger audience, they submitted the daily radio show along with other Army products to iTunes.

"My intent was to make more approved Army products, such as the "Cav Roundup," available on social sites on the Internet – such as iTunes," Robinson said. The "Cav Roundup" is sent to iTunes as a podcast.

A podcast is a media file, typically audio or video, that is distributed by subscription over the Internet. The feeds can then be played back on mobile devices and personal computers.

"Doing this broadens our reach with quality Army products and it also makes more people aware of the kind of material they will find on the Army homepage," Robinson said. "It's important to (MND-B) Soldiers and their families because we are entering and developing a new and innovative way to explain their mission to the American public, as well as our global audiences."

A broadcast noncommissioned officer and a co-producer of the daily radio show, Sgt. Scott Pittillo said that he thinks this is an awesome venture that will expand the audience of the



Courtesy photo

Pvt. Aaron Reyes, a forward observer with HHC, DSTB, 1st Cav. Div., listens to the latest iTunes podcast of the "Cav Roundup" Feb. 14.

show and consequently bring the story of the MND-B troopers to more ears, minds and hearts.

"Putting the Army's story out there will give the public a more rounded perspective on the war and the Soldiers who fight in it," added the 29-year-old native of Hendersonville, N.C.

On a more personal level, a forward observer with Headquarters Company, Division Special Troops Battalion, 1st Cavalry Division, Pvt. Aaron Reyes said that with the radio show on iTunes, Soldiers can make sure family members and friends can get more than just the news they see on television.

"They can get a closer look at what we're doing here and know that we're doing okay," Reyes, a native of Hillsboro, Ore., added.

Robinson said that although he doesn't have any insight on the number of people who download the daily radio show on iTunes, he can say that ever since he began placing more material on other social sites, the audience on the Army homepage has grown dramatically.

Police training continued from page 6

police chiefs for those provinces based upon the provincial councils that exist, so they have the ability to hire and fire out there. And it becomes their province and their police, which is so powerful when you talk about a unit government and the 18 different provincial governments underneath it."

Hunzeker extended his support for the Iraqi police in his description of Iraqi Interior Minister Jawad Bolani.

"He clearly gets it, and he's part of the solution, and he is the future of Iraq when it comes to what we're doing for Iraqi security forces," Hunzeker said. "He's dedicated; he's honest; and he

doesn't take any nonsense when it comes to misbehavior."

Relaying a statement from Bolani about the forces under him, Hunzeker said, "Every day they make sacrifices for their country, where they are on duty serving and protecting their citizens despite all the challenges facing them."

Responding to allegations of militia infiltration within Iraqi police forces, Hunzeker framed the problem more as one of "intimidation" than infiltration, calling it a "gray area." He explained the difference in the Iraqis' perspective between "good militia and the bad militia."

"It's clearly a challenge," he added.

Hunzeker said that militias historically stand up to fill a security void. "Once the security forces are up and the numbers, and they have the faith and confidence of the electorate and the people of Iraq, then those militias will go away," he predicted.

The general admitted the pace in Iraq can be frustrating, likening it to "turning the aircraft carrier into the wind a little bit in some cases," but added, "Change is taking place."

Hunzeker explained that Iraq does not have a culture of immediacy and that the police force is standing up against a history of

corruption and neglect under Saddam Hussein. However, he cautioned, "If it's going to be an Iraqi solution, it's got to be their way, and it's got to be their solution."

In spite of the challenges, Hunzeker expressed optimism that the Iraqi police will continue to grow in strength and professionalism.

"They are absolutely so positive, so incredibly upbeat, recognizing that, you know, they are the future of Iraq," he said. "They get it, so we better get it."

AMERICAN FAMILY INSURANCE
3 x 6p
Black Only
3x6pFullColor

NATIONAL VISION, INC.
3 x 6p
Black Only
3x6p, Special Vision/12



Fort Riley Community Life

Thursday, February 22, 2007

Home of the Big Red One

Page 11

Community news briefly

SAMC offers scholarships

The Sgt. Audie Murphy Club would like to notify local seniors and recent graduates of a \$1000 scholarship that the SAMC will be awarding.

Eligible personnel should see their local high school guidance counselor for a copy of the application packet. Applicants must be a dependent of a retired or active duty enlisted service member stationed at Fort Riley and be a high school senior, graduate, or GED holder with a GPA of 3.0 or higher.

Packets must be received by the SAMC through the guidance counselors no later than March 31.

For more information, contact your school's guidance counselor.

Rally Point ends Friday night DJ

Rally Point, Fort Riley's sports bar and night club, will be ending Late Night with DJ Monroe on Friday evenings. Feb. 23 will be the final Friday evening of Late Night with DJ Monroe.

Individuals will still be able to enjoy Late Night with DJ Monroe on Saturday evenings from midnight until 4 a.m.

For additional information, call Rally Point at 784-5434.

EFMP to host assessments

The Exceptional Family Member Program will be hosting Ages & Stages Assessments for vision and hearing. An Ages & Stages Assessment increases parents' involvement in their children's social-emotional health and provides early referral for social-emotional services when necessary. Benefits of the assessments include: an increase in understanding among families, care providers and communities regarding the importance of nurturing, social-emotional development in children.

The next scheduled assessment will be from 2 to 5:30 p.m. Feb. 28.

The assessments are open to all military families who have children ages birth to kindergarten. The assessments will be conducted at the Soldier and Family Support Center, Building 7264. For more information or to RSVP call 239-9435 and ask for EFMP or NPSP or call Geary County Infant Toddler Services at 762-7859.

Family workshop offered

The 7 Habits of Highly Effective Families for Army Families provides much-needed framework for applying universal, self-evident principles that enable family members to better communicate about their problems and solve them successfully.

The workshop will be offered on Feb. 27 and 28 and March 1, 6 and 7 and will run from 9 a.m. to 5 p.m. at Riley's Conference Center.

For additional information or reservations contact the Family Advocacy Program at 239-9435 or e-mail, site266@riley.army.mil.

Stay In Step with Fort Riley

See what's happening on Fort Riley cable Channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m.

Look inside



Sgt. Justin Cummings, avionics mechanic with Co. D, 3rd Bn., 1st Avn. Regt., explains the workings of a Black Hawk control panel to Junction City High School Student Nicholas Corey during a job shadow day with the company Feb. 8.

JCHS students shadow aviators for day

By Spc. Stephen Baack
1st Inf. Div. PAO

Eight Junction City High School students visited the 1st Infantry Division's Combat Aviation Brigade Feb. 8 to see Black Hawk helicopters up close and learn about the day-to-day lives of aviation Soldiers.

The students shadowed mechanics of the brigade's Company D, 3rd Battalion, 1st Aviation Regiment as the Soldiers performed routine inspections and light maintenance on the helicopters inside the battalion's hangar.

"It's interesting to see people who have absolutely no idea what the military is come here and find out what it really is and to see something they wouldn't have a

chance normally to see," said Sgt. Justin Cummings, avionics mechanic with Co. D, 3rd Bn., 1st Avn. Regt. "Look how excited he is compared to how excited I am. This is just another day at work...it's a playground for him."

Though the JCHS senior Cummings referred to, Andrew Van Cleave, is enrolled in his school's Junior Reserve Officer Training Corps program and his father is in the Army, he said he had been anxiously awaiting a chance to sit in the pilot's seat the whole day and was excited to see the helicopter's internal parts.

Van Cleave said though seeing the engine and learning about the helicopter's hydraulic system were highlights of the job shadow, his goal is to go up in a helicopter and one day pilot a Black Hawk.

"I plan to work on (Black Hawks) first

and then eventually become a pilot — so, learn it before I fly it," Van Cleave said.

Van Cleave wasn't alone in his desire to someday take flight. Like his fellow students who participated in the job shadow, many are resolute in their goals of flying military aircraft.

"The reason I came out here is I'm aspiring to be a pilot," said Lawrence Moss, sophomore and JROTC cadet at JCHS. "I haven't had any experience, like hands on, in becoming a pilot or going into aviation, and this job shadow I heard about would tell me if this was a good experience or a bad experience — if it was something I would want to be instead of going to college and not knowing what I wanted to

See Job shadow, Page 13

Studies warn against trans fat

Dining facility tries to eliminate unhealthy fats from menu

By Jorge Gomez
Army News Service

FORT LEE, Va. — New York City is banning trans fatty acids from its restaurants. Kentucky Fried Chicken, Wendy's, Chili's and Ruby Tuesday have already eliminated trans fat from their menus.

The preoccupation with removing trans fat comes from the latest research showing that even small amounts of this fat in the diet can have harmful health effects, according to the Harvard School of Public Health.

Tens of thousands of heart attacks and cardiac arrests could be prevented if trans fat were removed from the industrial food supply, according to HSPH researchers.

Studies show that for every 2 percent of calories consumed from trans fat, the risk of coronary heart disease increases by 23 percent.

Dining facilities at Fort Lee and many other installations are moving away from trans fat products and oils, said Johnnie Durant, Fort Lee Installation Food Program manager.

"We are trying to buy as many products as we can that don't have any trans fat, like canola oil," Durant said. But, "we're looking at a new oil because canola oil doesn't fry as well as regular trans fat oil. We're concerned about it because of the health of the Soldier."

For someone who consumes 2,000 calories per day, 2 percent of total calories represents 40 calories from trans fat — about the amount found in a medium order of french fries.

See Trans fat, Page 13

Performer returns to post

By Pfc. Francisca Vega
1st Inf. Div. PAO

Fort Riley Soldiers, civilians and community members got a glimpse into the life of Harriet Tubman during the African-American History Month observance Feb. 14 at Riley's Conference Center.

During her second visit to post in two years, performance artist Melissa Waddy-Thibodeaux portrayed Tubman, an African-American abolitionist also known as the "Moses of her People," in her performance of "The Resurrection of Harriet Tubman."

The performance started as a voice mumbled over the speakers in the conference center. Those gathered for the performance looked around and watched as Thibodeaux, draped in rags, walked through the audience to a rocking chair on stage.

While in character, Thibodeaux described her involvement as a "conductor" for the Underground Railroad and with the Army's Buffalo Soldiers.

Thibodeaux ended her performance with a historical song that demonstrated a way slaves would pass coded messages to each other.

She urged the audience to carry on the teachings of Tubman and help each other as Tubman did in



Melissa Waddy-Thibodeaux performs "The Resurrection of Harriet Tubman" during Fort Riley's African-American History Month Observance Feb. 14 at Riley's Conference Center.

the Underground Railroad.

"After all, it is just people helping people," Thibodeaux said. Thibodeaux also portrays Rosa

Parks in "Meet Mrs. Rosa Parks" and is the president of a non-profit organization that provides historical theatrical performances.

Blood drive misses mark due to cold

By Julie Mitts
PAO Intern

A cold winter snap forced the area Red Cross to watch its blood supply dwindle with the tumbling temperatures.

The shortage affects patients at more than 100 hospitals across Kansas and northeast Oklahoma, said Kristi Ingalls, donor recruitment representative for the Cen-

tral Plains Region Red Cross.

"We strive for 500 pints of blood every day," Ingalls said. "That makes it especially important for people to come out and donate."

On Feb. 13 alone, the Red Cross was 157 pints short of its goal. Ingalls blamed cancellations and low turnout on the cold weather.

See Blood drive, Page 13



Skip Cansler, a military spouse, donates blood for the first time in 40 years during the blood drive Feb. 14 at Riley's Conference Center.





Community news briefly

HASFR offers docent training

History lovers are invited to attend Fort Riley's Historical and Archaeological Society docent training at 10:30 a.m. Feb. 27 or March 3 at the Cavalry Museum. Lunch will be provided to all participants. For reservations and more information, call Marguerite Theissen at 784-4880.

ESC Ugly dress ball scheduled

The Enlisted Spouses' Club will host its first-ever Ugly Dress Ball at 6:30 p.m., March 2 at the Ogden Community Center.

Prices are \$3 for ESC members and \$5 for Office and Civilian Spouses' Club members.

Come on out and enjoy a great night out with the ladies all decked out in your ugliest dress. Dresses can be formal or informal just as long as you think it's ugly.

RSVP to Amy Scarpulla by Feb. 27 at 717-2753 or ascarpulla@gmail.com. You can also contact Amy for more information on this event or to become a member of ESC.

ARMED FORCES BANK
1 x 78p
Black Only
1x13 armed forces bank



CAB PAO/Clarke

Friendship day

Capt. Du Brown, assistant operations officer for transition teams, 1st Brigade, 1st Infantry Division eats friendship soup with her daughter Isabella Brown Feb. 14 at the Warren Road Child Development Center.

Monique Taylor, a program assistant at the center, prepared the chicken and beef for the soup and the children brought in the other items for the soups such as vegetables and crackers. The cooking project was part of Friendship Day activities at the CDC.

HOUSE FILL AD

LINE-X OF MANHATTAN
2 x 30p
Black Only
2x5 Line X Post Only

HOUSE FILL AD

HOUSE FILL AD

MARKET PLACE
2 x 12p
Black Only
2x2.discount.1/5.3845.1k

LAKESIDE MARINE
1 x 24p
Black Only
1x4 Lakeside Marine Feb TF

WILDCAT PET RESORT
2 x 18p
Black Only
2x3WildCatPet02/01 t f

JACKSON HEWITT TAX SERVICE
3 x 30p
Black Only
3x5Meash101/25Taxes

KSU DIVISION OF CONTINUING EDU
5 x 54p
Black Only
5x9 KSU Cont. Ed. Evening Coll



Job shadow

continued from page 11

do."

Moss said he wants to go into the Air Force, or at least one of the military branches to either become a pilot or enter the medical field.

"I had a plan to go straight into the Air Force to become a fighter pilot, but I have to have more options," Moss added.

"Me personally, I want to go into the Air Force, but if I don't make it into the Air Force, then I am going into the Army, and I am going to become a pilot," said Ernest Thompson, sophomore and JROTC cadet at JCHS. "As long as I'm flying, I'm happy."

Moss and Van Cleave saw the engine up close as Spc. Joshua Callahan, Black Hawk mechanic, Co. D, 3rd Bn., 1st Avn. Regt., led them through inspections and maintenance.

"It went great," Moss said of the job shadow day. "The Soldiers taught us about the aircraft

really well...I learned some things I never knew about, like the technology they use in the helmets with the Apaches."

"I think it went well," said Pvt. Kevin Myren, Black Hawk mechanic with Co. D, 3rd Bn., 1st Avn. Regt. "I wish we would have had a little more maintenance for the students to actually see. The inspections were something they could see, but it's hard to really show them exactly what we do every day."

"It was neat to show them a little bit about the birds," Myren added. "We let them sit in there, and I think they liked being able to climb around on it too a little bit. I always feel good about helping out somebody who's possibly going to be in the Army later on too."

Soldiers also supervised the students as each one sat in the pilots' seats to learn about the Black Hawk control panel and communications system.

"I'm going to be in my sleep

every night now playing with the control panel," Nicholas Corey, sophomore at JCHS, said after almost an hour behind the controls inside one of the Black Hawks with Cummings.

Cummings spent hours teaching the students about the avionics equipment inside, and beneath the skin of the helicopter. Though students spent nearly the whole day inside the hangar, a few of the students braved the cold to watch a Black Hawk take off from a safe proximity as they sat inside an adjacent helicopter with a Soldier.

"I think it was easy to interact with them," Myren said. "They seemed like a really good group of kids. They were smart. It wasn't like we were trying to babysit them or anything. They were here to follow us around see what's going on. They had some good questions to ask too."



Spc. Joshua Callahan (center), Black Hawk mechanic with Co. D, 3rd Bn., 1st Avn. Regt., teaches Junction City High School Students Andrew Van Cleave (left) and Lawrence Moss about the helicopter's internal devices Feb. 8.
1st Inf. Div./Back

Trans fat

continued from page 11

Since Jan. 1, 2006, the U.S. Food and Drug Administration requires manufacturers to list the amount of trans fat per serving in their products on the Nutrition Facts panel.

However, trans fat does not have to be listed if the total amount of fat in the food is less than 0.5 grams per serving. In other words, a product with 0.49 grams of trans fat per serving does not need trans fat listed on the nutrition label, even though two servings of crackers could very well amount to nearly a gram.

"Sometimes the labels can be misleading, so people should read the ingredients," said Capt. Suzanne Akuley, dietician and nutrition instructor for the Army Center of Excellence, Subsistence. "Ingredients are listed from the most to the least amount. If there's any mention of 'hydrogenated' or 'partially hydrogenated,' it means there's trans fat in there somewhere."

For example, a label on the top corner of a bag of tortilla chips may say the product includes no trans fat, and the Nutrition Facts panel may list 0 grams of trans fat per serving. But, the ingredi-

ents list "partially hydrogenated soybean."

If the same particular brand of chips actually contains 0.4 grams of trans fat per serving, the consumer will take in nearly a gram of trans fat after eating only 22 chips.

Vegetable shortening is another ingredient that contains trans fat.

Trans fat is worse for cholesterol levels because it raises the "bad" (Low Density Lipoprotein) and lowers the "good" (High Density Lipoprotein) cholesterol, Akuley said.

LDL is considered bad because it is a risk factor for heart disease. HDL is good because it carries cholesterol from body cells and tissues to the liver for excretion from the body, Akuley said.

That's why polyunsaturated and monounsaturated fats found in nuts, avocados and peanut butter are good. They result in less LDL and more HDL production in the body.

For more information on trans fat, visit www.fda.gov.

Jorge Gomez writes for the Fort Lee Traveler.

US CELLULAR
4 x 96p
Black Only
Roll order

Home wanted



Miles

This is Miles the cat. He is a 2-year-old, domestic shorthair. He is neither neutered nor declawed, but he gets along great with kids and other animals. Miles is very affectionate and loves to give hugs and kisses.

Fort Riley Stray Facility
Building 226 Custer Ave.,
Main Post
Hours: 7:30 a.m. to 3:30 p.m.,
Monday through Friday
Phone: 239-3886

Blood Drive

continued from page 11

"The Central Plains Red Cross is one of the top regions in terms of donations," Ingalls said. "We rarely have to import blood to meet our need."

Fort Riley's recent "Battle of the Brave" blood drive failed to meet its own goal of 120 pints, said Dori Farrow, chief of Administration and Operations for the Directorate of Morale, Welfare and Recreation.

"Only 72 pints of blood were collected over two days," Farrow said.

Donors can safely give blood every 56 days, Ingalls said, and volunteers take all donations to Wichita, where they are tested and separated into plasma, platelets and blood.

"Up to three individual patients are affected when a person donates one pint of blood," Ingalls said.

The next blood drive at Fort Riley is scheduled on May 15 and 16. For more information or to make an appointment, call 1-800-GIVE-LIFE.

HOUSE FILL AD





Fort Riley Sports & Recreation

Page 14

Home of the Big Red One

Thursday, February 22, 2007

Sports news in brief

4th annual run set in Abilene

The 4th annual Eisenhower Marathon will be held April 7 in Abilene, Kan. Runners can register online at www.eisenhowermarathon.com or www.marathonguide.com. Registrations can also be mailed by March 1 to DK Co. American Red Cross, 206 N. Broadway, Abilene, KS 67410. For more information on the marathon, call (785) 263-2341. Late registrations with late fees will be accepted after March 1 including the morning of the race.

Robinson gym held for families

Family members of active duty servicemembers will no longer have to wait in line for available equipment at the gym. The staff at Robinson Fitness Center is pleased to announce the facility now has special hours for family members. Only dependents of active duty servicemembers will be allowed access to the facility from 1 to 3 p.m. Monday through Friday.

Swim for Life set

Swim from Kaua'i island to Hawaii without ever leaving Fort Riley! All Department of Defense civilians on Fort Riley are encouraged to enroll in Swim 4 My Life II. The program is free and prizes will be given once individuals reach specified distances.

Participants' distances will be tracked by Fort Riley aquatic staff.

For additional information, or to enroll in the upcoming Swim 4 My Life program call 239-9441.

Lifeguard class set on post

Individuals interested in becoming a certified lifeguard can enroll in Lifeguard Training at Fort Riley. Classes will be held March 16-20, April 26-29 and May 11-14.

The training will be free for prospective Fort Riley Aquatic Lifeguards. Graduates will receive professional rescuer certifications.

Interested individuals can call 239-9441 for additional information or to enroll in the courses.

Martin opens with strongest Daytona run of career

U.S. Army Racing

DAYTONA BEACH, Fla. — "I just can't tell you how bad I wanted it," said Mark Martin seconds after climbing out of his No. 01 U.S. Army Chevrolet following the Daytona 500 Feb. 18. "We gave it our best shot — we were within inches of getting it done."

"All I asked for was a chance to win and they (Ginn Racing and the No. 01 U.S. Army Team) gave me that today. I never asked for the trophy, I just asked for a real shot at it and that's exactly what I had — my best-ever opportunity to win the Daytona 500."

Martin led 26 of the final 27 laps before being overtaken by Kevin Harvick at the finish line. Harvick's margin of victory was 0.020 seconds.

"When I looked up there at the end, I was minus a pushers," explained Martin. "I didn't have any help to get it done, and that's the way it goes."

Martin was in the lead when cars started crashing on the final lap, but the caution surprisingly never came out. Had NASCAR waved the yellow flag, the 48-year old Martin would have been declared the winner.

The second-place result was Martin's career-best Daytona 500 result. His previous best was third



Mark Martin led 26 of the final 27 laps before being overtaken by Kevin Harvick at the finish line at the Daytona 500 Feb. 18 at Daytona Beach, Fla. Harvick's margin of victory was 0.020 seconds.

Courtesy photo

in 1995.

"I'm so proud of the effort that we gave here tonight and so proud to represent the U.S. Army," added Martin. "This is the Soldiers' car, and I hope we made them proud today."

Martin started the race 26th and spent much of the day patiently and methodically working his way through the draft, while in constant communication with crew chief Ryan Pemberton on how to improve the car's perfor-

mance.

Martin moved inside the top 10 on Lap 144 and broke inside the top five nine laps later.

Running fourth when a caution came out on Lap 156, a 13.6-second stop by the U.S. Army crew sent Martin to second place when green-flag racing resumed.

Martin spent the next several laps battling the front runners, but was unable to overtake the leader, eventually being shuffled back to eighth before the fourth caution of

the race.

Pemberton opted for two-tires on the next pit stop and Martin returned to the field leading the Daytona 500. He would lead the remainder of the race, with the exception of the final inches.

"We were so close and I just hope that I gave all of our Soldiers something to cheer about," Martin said. "I really wanted to win with all my heart. I'm honored to work with this Army team, and this was a great way to kick off my start with Ginn Racing."

DAILY UNION
6 x 7p
Black Only
AUSA





classified runover
3 x 127p6
Black Only





Signs of past linger at Fort Riley

By Alan Hynek
Fish and Wildlife Biologist

The Fort Riley landscape is typical Flint Hills prairie, dominated by rolling meadows with gallery forests along the streams and rivers. The Flint Hills were shaped by decades of erosion, drought and floods. The native vegetation evolved to withstand extremes in temperatures and heavy impacts by large grazers, including bison, deer and elk. Early settlers, though, brought many changes to the vast sea of prairie. Some of those are still visible on Fort Riley. Most notable are permanent structures that were meant to contain livestock or, in some cases, to keep them out of crop fields. Most Soldiers and outdoorsman on the fort have probably noticed long rows of gnarled and twisted Osage orange trees, complete with a few strands of rusty old barbed wire. An occasional rock wall is apparent, stretching across the grasslands of Fort Riley.

Osage orange

Osage orange is not native to Kansas but is well adapted to the area. The natural range for these fiercely-armed trees extended north from Texas to about central Oklahoma. Before the invention of barbed wire, these living fences were the most practical solution for corralling livestock. When planted closely together, the trees become entangled to form a nearly impenetrable barrier. Osage orange is long lived, with many trees approaching the century mark. The stems of these trees continued their contribution to ranchers in the barbed wire age while serving as an excellent

source for fence posts. The wood of Osage orange is hard and durable and can stand for decades.

Stone walls

Stone walls are not as common as hedgerows on Fort Riley, but evidence of these structures still remain. While the material to create a stone wall was almost limitless in the Flint Hills, the time and energy to create them was intense. The history of using stone walls for livestock fencing came from Europe where use of stone walls continues today. Although the initial construction was labor intensive, they could stand for generations with little maintenance. Some stone walls were elaborately built, with several layers of horizontally laid rock and a single layer of flat limestone on top, laid at an



Alan Hynek

ST. PATRICK'S CATHOLIC CHURCH
1 x 3p
Black Only
1x1.5ST.RMS#02/22

NORTHWOOD, INC., MINI STORAGE
1 x 3p
Black Only
1x1.5.northwoodsize.2/18.0593.

KFA
2 x 12p
Black Only
ransom memorial

TRICARE COUNSELING
1 x 6p
Black Only
1x1Tricare02/11f

BANK OF AMERICA- AFC
6 x 63p
Black Only
FULL COLOR 731934 Bank your wa

MANHATTAN CHAMBER OF COMMERCE
3 x 24p
Black Only
3x4 MCVB TIME Yourself

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

More info
Please note that it is illegal to remove any artifacts from federal property, including barbed wire.
For more information, please contact the Conservation Office at 239-6211 or stop by Building 1020 on Huebner Road.

angle to dispel water.

Barbed wire

Within many hedgerows are a few strands of rusted barbed wire. The barbed wire industry began in 1872 when three men - Joseph Glidden, Jacob Haish and Isaac Ellwood - decided they could improve the current standard of livestock fencing. The first strands of barbed wire were created on a Dekalb, Ill., farm. Using parts from an old coffee grinder, the three men fashioned

“S” shaped barbs. Two strands of straight wire then were attached on one end to a tree and the other end to a grinding stone and twisted, securely attaching the hand-fashioned barbs.

Although the process is much more efficient, the same method is still used today.

The popularity of barbed wire boomed in the late 1800s. Farmers, ranchers and blacksmiths tried their hand at creating the perfect barbed wire. Hundreds of patents were developed. Even more was created and sold locally without legal protection. After much trial and error, the seemingly endless varieties of barbed wire have been reduced to only a few patents in use today. Consequently, with the many styles of barbed wire created over the years, collecting became a common pastime. One of the largest barbed wire collections in the U.S. is not far from Fort Riley in LaCrosse, Kan. The Devil's Rope museum has more than 2,000 wire varieties on display along with just about every fencing tool imaginable.

MANHATTAN CHAMBER OF COMMERCE
3 x 24p
Black Only
3x4 MCVB TIME Yourself

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD

HOUSE FILL AD





CLASSIFIEDS



U.S. ARMY RESERVES- ARMED FORC
6 x 127p6
Black Only
741446 Laura law pt 1/30